

Home Science

(A) Major Core Courses

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	MJC-1 (T)	Food Science & Nutrition (T)	4	100
2.	I	MJC-1 (P)	Food Science & Nutrition (P)	2	100
3.	II	MJC-2 (T)	Fundamentals of Human Development (T)	4	100
4.	II	MJC-2 (P)	Fundamentals of Human Development (P)	2	100
5.	III	MJC-3	Resource Management Concepts and Context	5	100
6.	III	MJC-4	Human Physiology	4	100
7.	IV	MJC-5 (T)	Communication & Extension (T)	3	100
8.	IV	MJC-5 (P)	Communication & Extension (P)	2	100
9.	IV	MJC-6 (T)	Introduction to Textile (T)	3	100
10.	IV	MJC-6 (P)	Introduction to Textile (P)	2	100
11.	IV	MJC-7 (T)	Dietetics (T)	3	100
12.	IV	MJC-7 (P)	Dietetics (P)	2	100
13.	V	MJC-8	Child Psychology	5	100
14.	V	MJC-9	Family Finance & Consumer Behavior	5	100
15.	VI	MJC-10	Non Formal, Adult and Lifelong Education	4	100
16.	VI	MJC-11 (T)	Child Rights and Social action (T)	5	100
17.	VI	MJC-11 (P)	Child Rights and Social action (P)	5	100
18.	VI	MJC-12 (T)	Planning & Designing interior space (T)	5	100
19.	VI	MJC-12 (P)	Planning & Designing interior space (P)	5	100
20.	VII	MJC-13 (T)	Clothing Construction (T)	5	100
21.	VII	MJC-13 (P)	Clothing Construction (P)	5	100
22.	VII	MJC-14	Research Methodology	5	100
23.	VII	MJC-15	Early Childhood Care and Education	6	100
24.	VIII	MJC-16	Public Health Nutrition	4	100

Sub Total=80

SEMESTER – II

MJC- 2

Fundamentals of Human Development

Course Outcomes:

CO1: Explain the need and importance of studying human growth and development

CO2: Identify the biological and environmental factors affecting human development

CO3: Describe the characteristics, needs and developmental tasks of different stages in the human life cycle.

MJC-2 Fundamentals of Human Development		
(Theory: 4 credits)		
Unit	Topics to be covered	No. of Lectures
I	Introduction to Human Development <ul style="list-style-type: none"> • Concept and History of Human Development • Scope of Child Development • Principles of Growth and Development. • Concept of heredity and environment. Factors affecting heredity and environment in development. 	08
II	Prenatal Development, Birth Process and care in Infancy: <ul style="list-style-type: none"> • Prenatal Development – stages, factors affecting, diagnostics techniques. • Birth Process - Stages of birth Process, Types of delivery • Immediate care of newborn, types of feeding - natural and artificial, weaning, immunization schedule, Common childhood illness 	08
III	Development during Infancy (0-1 year): <ul style="list-style-type: none"> • Physical development • Motor development • Social development • Emotional development • Cognitive Development • Language development 	08
IV	Development in Early Childhood Period (3 - 6 Years) <ul style="list-style-type: none"> • Physical development • Motor development • Social development • Emotional development • Cognitive Development • Language development 	08
V	Late Childhood period (6-12 Years) <ul style="list-style-type: none"> • Physical development • Motor development • Social development • Emotional development • Cognitive Development • Language development 	08
	Total	40

High School
14.06.2023.

Manjiv Kumar
14.06.2023

Kumkum Kumari

Suggested Readings:

- Berk, L.E. (2005). Child development (5th ed.). New Delhi: Prentice Hall.
- Bhangaokar, R., & Kapadia, S. (in press). Human Development Research in India: Ahistorical overview. In G. Misra (Ed.), Hundred years of Psychology in India. New Delhi: Springer.
- Feldman, R., & Babu, N. (2009). Discovering the life span. New Delhi: Pearson
- Kakar, S. (1998). The inner world. Psychoanalytic study of childhood and society in India. Delhi: Oxford University Press.
- Kapadia, S. (2011). Psychology and human development in India. Country paper. International Society for the Study of Behavioral Development Bulletin Number 2, Serial No. 60, pp.37-42.
- Keenan, T., Evans, S., & Crowley, K. (2016). An introduction to child development. Sage.
- Lightfoot, C., Cole, M., & Cole, S. (2012). The development of children (7th ed.). New York: Worth Publishers.
- Santrock, J. (2017). A topical approach to life span development (9th ed.). New York: McGraw-Hill Higher Education.
- Singh, A. (2015). Foundations of Human Development: A life span approach. ND: Orient Black Swan.
- Walsh, B.A., Deflorio, L., Burnham, M. M., & Weiser, D.A. (2017). Introduction to human Development and Family Studies. NY: Routledge.

MJC – 2 (P)	Fundamentals of Human Development Practical: 2 Credits	No. of classes
Practical: 1. Preparation of an album on growth chart of 0-12 months baby. 2. Study of children’s (0-3 years) clothes, play materials and books.		40

Signature
14.06.2023

Manjulkumari Sika
14.06.2023

kumkum kumari
14-06-2023