

**(B) Minor Courses to be offered by the Department for students of other  
Departments of Social Science**

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	MIC-1	Food Science & Nutrition	3	100
2.	II	MIC-2	Fundamentals of Human Development	3	100
3.	III	MIC-3	Resource Management Concepts and Context	3	100
4.	IV	MIC-4	Human Physiology	3	100
5.	V	MIC-5	Communication & Extension	3	100
6.	V	MIC-6	Introduction to Textile	3	100
7.	VI	MIC-7	Dietetics	3	100
8.	VI	MIC-8	Child Psychology	3	100
9.	VII	MIC-9	Family Finance & Consumer Behavior	4	100
10.	VIII	MIC-10	Non Formal, Adult and Lifelong Education	4	100

**Sub Total=32**

## SEMESTER – II

MIC-2

### Fundamentals of Human Development

**Course Outcomes:**

**CO1:** Explain the need and importance of studying human growth and development

**CO2:** Identify the biological and environmental factors affecting human development

**CO3:** Describe the characteristics, needs and developmental tasks of different stages in the human life cycle.

MIC- 2 Fundamentals of Human Development		
(Theory: 3 credits)		
Unit	Topics to be covered	No. of lecturers
I	<b>Introduction to Human Development</b> <ul style="list-style-type: none"> <li>• Concept and history of human development.</li> <li>• Principles of growth and development.</li> <li>• Concept of heredity and environment. Factors affecting heredity and environment in development.</li> </ul>	08
II	<b>Prenatal Development, Birth process and care in Infancy:</b> <ul style="list-style-type: none"> <li>• Prenatal development – stages, factors affecting, diagnostics techniques.</li> <li>• Birth process - stages of birth process, Types of delivery</li> <li>• Immediate care of newborn, types of feeding - natural and artificial, weaning, immunization schedule, common childhood illness</li> </ul>	12
III	<b>Development during Infancy (0-1 year):</b> <ul style="list-style-type: none"> <li>• Physical development</li> <li>• Motor development</li> <li>• Social development</li> <li>• Emotional development</li> <li>• Cognitive Development</li> <li>• Language development</li> </ul>	10
<b>Total</b>		<b>30</b>

**Suggested Readings:**

- Berk, L.E. (2005). Child development (5th ed.). New Delhi: Prentice Hall.
- Bhangaokar, R., & Kapadia, S. (in press). Human Development Research in India: Ahistorical overview. In G. Misra (Ed.), Hundred years of Psychology in India. NewDelhi: Springer.
- Feldman, R., & Babu, N. (2009). Discovering the life span. New Delhi: Pearson
- Kakar, S. (1998). The inner world. Psychoanalytic study of childhood and society in India. Delhi: Oxford University Press.

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- Kapadia, S. (2011). Psychology and human development in India. Country paper. International Society for the Study of Behavioral Development Bulletin Number 2, Serial No. 60, pp.37-42.
- Keenan, T., Evans, S., & Crowley, K. (2016). An introduction to child development. Sage.
- Lightfoot, C., Cole, M., & Cole, S. (2012). The development of children (7th ed.). New York: Worth Publishers.
- Santrock, J. (2017). A topical approach to life span development (9th ed.). New NY.: Mcgraw-Hill Higher Education.

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